



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Dippel, Volker

Total time: 1:26:27

Number: 25

Course: 25.50 km

Rank in course/Total: 256 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 196 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 3(of 5)

Senioren 7 (TM 70)

Best time in the category: 1:23:59

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:40	23:19	1	-	145	4:22	0.50	11:40	23:19	1	-	241	4:22
Wechsel S -> R	-	3:20	-	4	1:13	187	2:04	0.50	15:00	30:00	6	0:14	241	5:56
Schwimmen Total	0.50	15:00	30:00	6	0:14	241	5:56	0.50	15:00	30:00	6	0:14	241	5:56
Rad netto	20.00	41:14	2:03	3	2:18	200	16:45	20.50	56:14	2:44	2	1:57	241	14:46
Wechsel R -> L	-	1:00	-	2	0:19	104	0:33	20.50	57:14	2:47	2	1:46	241	16:03
Rad Total	20.00	42:14	2:06	3	2:07	198	14:15	20.50	57:14	2:47	2	1:46	241	16:03
Lauf	5.00	29:13	5:50	3	1:08	208	11:35	25.50	1:26:27	3:23	3	2:28	196	25:07