



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Keinert, Anna-Maria

Total time: 1:09:38

Club: MTG Mannheim Triathlon

Number: 81

Course: 25.50 km

Rank in course/Total: 53 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 3 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 1(of 14)

weibliche AK 3 (TW 30)

Best time in the category: 1:09:38

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:59	19:57	4	1:40	15	1:40	0.50	9:59	19:57	4	1:40	15	1:40
Wechsel S -> R	-	2:40	-	5	0:53	39	2:00	0.50	12:39	25:18	4	2:33	19	2:33
Schwimmen Total	0.50	12:39	25:18	4	2:33	19	2:33	0.50	12:39	25:18	4	2:33	19	2:33
Rad netto	20.00	34:04	1:42	1	-	2	1:11	20.50	46:43	2:16	1	-	3	3:25
Wechsel R -> L	-	0:49	-	4	0:12	19	0:20	20.50	47:32	2:19	1	-	3	3:39
Rad Total	20.00	34:53	1:44	1	-	2	1:25	20.50	47:32	2:19	1	-	3	3:39
Lauf	5.00	22:06	4:25	3	7:43	10	7:43	25.50	1:09:38	2:43	1	-	3	5:13