



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Stoof, Uwe

Total time: 1:30:38

Club: VfL Stuttgart

Number: 39

Course: 25.50 km

Rank in course/Total: 288 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 215 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 11(of 13)

Senioren 5 (TM 60)

Best time in the category: 1:06:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	9:26	18:52	1	-	42	2:08	0.50	9:26	18:52	1	-	241	2:08
Wechsel S -> R	-	1:40	-	2	0:15	12	0:24	0.50	11:06	22:11	14	0:05	241	2:02
Schwimmen Total	0.50	11:06	22:11	14	0:05	241	2:02	0.50	11:06	22:11	14	0:05	241	2:02
Rad netto	20.00	43:29	2:10	12	9:36	222	19:00	20.50	54:35	2:39	14	9:41	241	13:07
Wechsel R -> L	-	1:44	-	10	1:01	218	1:17	20.50	56:19	2:44	14	10:38	241	15:08
Rad Total	20.00	45:13	2:15	12	10:33	223	17:14	20.50	56:19	2:44	14	10:38	241	15:08
Lauf	5.00	34:19	6:51	13	15:37	232	16:41	25.50	1:30:38	3:33	11	24:23	215	29:18