



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Hay, Amandine

Total time: 1:11:13

Club: MTG Mannheim Triathlon

Number: 96

Course: 25.50 km

Rank in course/Total: 73 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 7 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 2(of 14)

weibliche AK 3 (TW 30)

Best time in the category: 1:09:38

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:19	16:37	1	-	1	-	0.50	8:19	16:37	1	-	1	-
Wechsel S -> R	-	1:47	-	1	-	7	1:07	0.50	10:06	20:11	1	-	1	-
Schwimmen Total	0.50	10:06	20:11	1	-	1	-	0.50	10:06	20:11	1	-	1	-
Rad netto	20.00	38:21	1:55	4	4:17	22	5:28	20.50	48:27	2:21	2	1:44	7	5:09
Wechsel R -> L	-	0:37	-	1	-	4	0:08	20.50	49:04	2:23	2	1:32	5	5:11
Rad Total	20.00	38:58	1:56	4	4:05	18	5:30	20.50	49:04	2:23	2	1:32	5	5:11
Lauf	5.00	22:09	4:25	4	7:46	12	7:46	25.50	1:11:13	2:47	2	1:35	7	6:48