



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Karmen, Andreas

Total time: 1:31:31

Number: 10

Course: 25.50 km

Rank in course/Total: 295 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 221 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 24(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:02:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	16:52	33:44	24	8:57	235	9:34	0.50	16:52	33:44	25	8:57	241	9:34
Wechsel S -> R	-	1:40	-	2	0:04	12	0:24	0.50	18:32	37:04	22	7:55	241	9:28
Schwimmen Total	0.50	18:32	37:04	22	7:55	241	9:28	0.50	18:32	37:04	22	7:55	241	9:28
Rad netto	20.00	45:25	2:16	23	20:56	230	20:56	20.50	1:03:57	3:07	23	20:10	14	22:29
Wechsel R -> L	-	1:52	-	23	1:18	223	1:25	20.50	1:05:49	3:12	23	21:25	241	24:38
Rad Total	20.00	47:17	2:21	23	19:18	229	19:18	20.50	1:05:49	3:12	23	21:25	241	24:38
Lauf	5.00	25:42	5:08	22	7:27	160	8:04	25.50	1:31:31	3:35	24	28:52	221	30:11