



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Schillinger, Birgit

Total time: 1:13:45

Number: 52

Course: 25.50 km

Rank in course/Total: 104 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 11 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 1(of 10)

Seniorinnen 3 (TW 50)

Best time in the category: 1:13:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:03	22:06	2	2:19	31	2:44	0.50	11:03	22:06	11	2:19	31	2:44
Wechsel S -> R	-	1:40	-	1	-	3	1:00	0.50	12:43	25:26	11	1:22	20	2:37
Schwimmen Total	0.50	12:43	25:26	11	1:22	20	2:37	0.50	12:43	25:26	11	1:22	20	2:37
Rad netto	20.00	38:17	1:54	3	1:01	20	5:24	20.50	51:00	2:29	11	1:23	19	7:42
Wechsel R -> L	-	1:04	-	5	0:15	48	0:35	20.50	52:04	2:32	11	0:52	19	8:11
Rad Total	20.00	39:21	1:58	3	1:07	22	5:53	20.50	52:04	2:32	11	0:52	19	8:11
Lauf	5.00	21:41	4:20	1	-	7	7:18	25.50	1:13:45	2:53	1	-	11	9:20