



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Ludwig, Franziska

Total time: 1:14:33

Number: 85

Course: 25.50 km

Rank in course/Total: 114 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 14 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 4(of 15)

weibliche AK 2 (TW 25)

Best time in the category: 1:10:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:22	18:44	1	-	10	1:03	0.50	9:22	18:44	1	-	10	1:03
Wechsel S -> R	-	2:26	-	3	0:38	24	1:46	0.50	11:48	23:36	1	-	8	1:42
Schwimmen Total	0.50	11:48	23:36	1	-	8	1:42	0.50	11:48	23:36	1	-	8	1:42
Rad netto	20.00	37:48	1:53	4	1:51	16	4:55	20.50	49:36	2:25	2	1:30	10	6:18
Wechsel R -> L	-	1:02	-	9	0:33	43	0:33	20.50	50:38	2:28	2	2:03	10	6:45
Rad Total	20.00	38:50	1:56	4	2:19	17	5:22	20.50	50:38	2:28	2	2:03	10	6:45
Lauf	5.00	23:55	4:46	6	5:10	17	9:32	25.50	1:14:33	2:55	4	4:31	14	10:08