



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Ludwig, Christine

Total time: 1:20:31

Number: 51

Course: 25.50 km

Rank in course/Total: 191 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 30 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 5(of 14)

weibliche AK 3 (TW 30)

Best time in the category: 1:09:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:29	16:57	2	0:10	2	0:10	0.50	8:29	16:57	2	0:10	2	0:10
Wechsel S -> R	-	2:48	-	7	1:01	51	2:08	0.50	11:17	22:33	2	1:11	6	1:11
Schwimmen Total	0.50	11:17	22:33	2	1:11	6	1:11	0.50	11:17	22:33	2	1:11	6	1:11
Rad netto	20.00	41:15	2:03	7	7:11	51	8:22	20.50	52:32	2:33	6	5:49	28	9:14
Wechsel R -> L	-	1:27	-	12	0:50	74	0:58	20.50	53:59	2:38	5	6:27	27	10:06
Rad Total	20.00	42:42	2:08	9	7:49	56	9:14	20.50	53:59	2:38	5	6:27	27	10:06
Lauf	5.00	26:32	5:18	6	12:09	39	12:09	25.50	1:20:31	3:09	5	10:53	30	16:06