



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Graß, Verena

Total time: 1:22:51

Number: 69

Course: 25.50 km

Rank in course/Total: 216 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 42 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 8(of 15)

weibliche AK 2 (TW 25)

Best time in the category: 1:10:02

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:27	20:53	3	1:05	20	2:08	0.50	10:27	20:53	3	1:05	20	2:08
Wechsel S -> R	-	2:36	-	5	0:48	30	1:56	0.50	13:03	26:06	4	1:15	23	2:57
Schwimmen Total	0.50	13:03	26:06	4	1:15	23	2:57	0.50	13:03	26:06	4	1:15	23	2:57
Rad netto	20.00	40:55	2:02	9	4:58	49	8:02	20.50	53:58	2:37	7	5:52	35	10:40
Wechsel R -> L	-	1:10	-	12	0:41	57	0:41	20.50	55:08	2:41	7	6:33	35	11:15
Rad Total	20.00	42:05	2:06	9	5:34	48	8:37	20.50	55:08	2:41	7	6:33	35	11:15
Lauf	5.00	27:43	5:32	12	8:58	54	13:20	25.50	1:22:51	3:14	8	12:49	42	18:26