



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Stiewe, Dr. Susanne

Total time: 1:23:26

Number: 94

Course: 25.50 km

Rank in course/Total: 223 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 47 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 8(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:04	22:07	7	2:24	32	2:45	0.50	11:04	22:07	7	2:24	32	2:45
Wechsel S -> R	-	3:25	-	14	1:45	77	2:45	0.50	14:29	28:57	10	4:04	44	4:23
Schwimmen Total	0.50	14:29	28:57	10	4:04	44	4:23	0.50	14:29	28:57	10	4:04	44	4:23
Rad netto	20.00	40:42	2:02	10	7:49	44	7:49	20.50	55:11	2:41	8	11:53	44	11:53
Wechsel R -> L	-	1:44	-	18	1:09	87	1:15	20.50	56:55	2:46	10	13:02	48	13:02
Rad Total	20.00	42:26	2:07	11	8:58	52	8:58	20.50	56:55	2:46	10	13:02	48	13:02
Lauf	5.00	26:31	5:18	4	5:59	38	12:08	25.50	1:23:26	3:16	8	19:01	47	19:01