



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Steinbiß, Joel

Total time: 1:04:07

Number: 126

Course: 25.50 km

Rank in course/Total: 13 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 13 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 2(of 28)

männliche AK 3 (TM 30)

Best time in the category: 1:01:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:16	16:32	3	0:06	9	0:58	0.50	8:16	16:32	29	0:06	241	0:58
Wechsel S -> R	-	1:59	-	6	0:17	62	0:43	0.50	10:15	20:30	1	-	241	1:11
Schwimmen Total	0.50	10:15	20:30	1	-	241	1:11	0.50	10:15	20:30	1	-	241	1:11
Rad netto	20.00	33:29	1:40	4	2:43	25	9:00	20.50	43:44	2:07	29	1:35	241	2:16
Wechsel R -> L	-	0:38	-	3	0:01	19	0:11	20.50	44:22	2:09	29	1:36	241	3:11
Rad Total	20.00	34:07	1:42	4	2:44	23	6:08	20.50	44:22	2:09	29	1:36	241	3:11
Lauf	5.00	19:45	3:57	3	1:11	16	2:07	25.50	1:04:07	2:30	2	2:47	13	2:47