



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Brunnengräber, Lisa

Total time: 1:25:10

Number: 63

Course: 25.50 km

Rank in course/Total: 239 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 54 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 10(of 15)

weibliche AK 2 (TW 25)

Best time in the category: 1:10:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:41	23:22	7	2:19	49	3:22	0.50	11:41	23:22	7	2:19	49	3:22
Wechsel S -> R	-	3:23	-	13	1:35	75	2:43	0.50	15:04	30:07	10	3:16	59	4:58
Schwimmen Total	0.50	15:04	30:07	10	3:16	59	4:58	0.50	15:04	30:07	10	3:16	59	4:58
Rad netto	20.00	41:46	2:05	11	5:49	56	8:53	20.50	56:50	2:46	10	8:44	56	13:32
Wechsel R -> L	-	0:38	-	3	0:09	6	0:09	20.50	57:28	2:48	10	8:53	54	13:35
Rad Total	20.00	42:24	2:07	10	5:53	50	8:56	20.50	57:28	2:48	10	8:53	54	13:35
Lauf	5.00	27:42	5:32	11	8:57	53	13:19	25.50	1:25:10	3:20	10	15:08	54	20:45