



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Ahlheim, Kim

Total time: 1:25:45

Number: 84

Course: 25.50 km

Rank in course/Total: 244 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 55 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 3(of 6)

weibliche AK 1 (TW 20)

Best time in the category: 1:18:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:51	23:41	4	2:55	55	3:32	0.50	11:51	23:41	7	2:55	55	3:32
Wechsel S -> R	-	2:50	-	2	0:11	53	2:10	0.50	14:41	29:22	7	2:42	49	4:35
Schwimmen Total	0.50	14:41	29:22	7	2:42	49	4:35	0.50	14:41	29:22	7	2:42	49	4:35
Rad netto	20.00	42:14	2:06	2	4:25	63	9:21	20.50	56:55	2:46	7	7:07	59	13:37
Wechsel R -> L	-	0:39	-	1	-	8	0:10	20.50	57:34	2:48	7	6:53	56	13:41
Rad Total	20.00	42:53	2:08	2	4:11	59	9:25	20.50	57:34	2:48	7	6:53	56	13:41
Lauf	5.00	28:11	5:38	3	2:11	61	13:48	25.50	1:25:45	3:21	3	7:16	55	21:20