



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Rauch, Thomas

Total time: 1:06:06

Number: 105

Course: 25.50 km

Rank in course/Total: 25 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 24 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 4(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:09	20:18	10	2:12	75	2:51	0.50	10:09	20:18	32	2:12	241	2:51
Wechsel S -> R	-	1:54	-	8	0:32	47	0:38	0.50	12:03	24:06	32	2:26	241	2:59
Schwimmen Total	0.50	12:03	24:06	32	2:26	241	2:59	0.50	12:03	24:06	32	2:26	241	2:59
Rad netto	20.00	32:05	1:36	1	-	5	7:36	20.50	44:08	2:09	32	0:07	241	2:40
Wechsel R -> L	-	0:31	-	2	0:01	3	0:04	20.50	44:39	2:10	32	3:28	241	3:28
Rad Total	20.00	32:36	1:37	1	-	4	4:37	20.50	44:39	2:10	32	3:28	241	3:28
Lauf	5.00	21:27	4:17	5	3:36	52	3:49	25.50	1:06:06	2:35	4	3:21	24	4:46