



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

**Held, Reinhard**

**Total time: 1:06:15**

Club: TV Lorsch

Number: 121

Course: 25.50 km

Rank in course/Total: 26 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 25 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 1(of 13)

Senioren 5 (TM 60)

Best time in the category: 1:06:15

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:36	19:11	2	0:10	49	2:18	0.50	9:36	19:11	14	0:10	241	2:18
Wechsel S -> R	-	1:25	-	1	-	4	0:09	0.50	11:01	22:02	1	-	241	1:57
Schwimmen Total	0.50	11:01	22:02	1	-	241	1:57	0.50	11:01	22:02	1	-	241	1:57
Rad netto	20.00	33:53	1:41	1	-	35	9:24	20.50	44:54	2:11	1	-	241	3:26
Wechsel R -> L	-	0:47	-	2	0:04	54	0:20	20.50	45:41	2:13	1	-	241	4:30
Rad Total	20.00	34:40	1:43	1	-	31	6:41	20.50	45:41	2:13	1	-	241	4:30
Lauf	5.00	20:34	4:06	2	1:52	29	2:56	25.50	1:06:15	2:35	1	-	25	4:55