



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Koob, Thorsten

Total time: 1:09:18

Number: 108

Course: 25.50 km

Rank in course/Total: 51 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 49 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 6(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km				
Schwimmen nett	0.50	10:11	20:22	12	2:14	80	2:53	0.50	10:11	20:22	32	2:14	241	2:53
Wechsel S -> R	-	2:02	-	12	0:40	64	0:46	0.50	12:13	24:26	32	2:36	241	3:09
Schwimmen Total	0.50	12:13	24:26	32	2:36	241	3:09	0.50	12:13	24:26	32	2:36	241	3:09
Rad netto	20.00	35:26	1:46	15	3:21	80	10:57	20.50	47:39	2:19	32	3:38	241	6:11
Wechsel R -> L	-	0:53	-	12	0:23	81	0:26	20.50	48:32	2:22	32	7:21	241	7:21
Rad Total	20.00	36:19	1:48	13	3:43	76	8:20	20.50	48:32	2:22	32	7:21	241	7:21
Lauf	5.00	20:46	4:09	4	2:55	38	3:08	25.50	1:09:18	2:43	6	6:33	49	7:58