



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Niebergall, Bernd

Total time: 1:09:29

Number: 143

Course: 25.50 km

Rank in course/Total: 52 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 50 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 8(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	9:41	19:22	10	2:07	52	2:23	0.50	9:41	19:22	40	2:07	241	2:23
Wechsel S -> R	-	2:07	-	12	0:37	71	0:51	0.50	11:48	23:36	40	2:44	55	2:44
Schwimmen Total	0.50	11:48	23:36	40	2:44	55	2:44	0.50	11:48	23:36	40	2:44	55	2:44
Rad netto	20.00	34:30	1:43	10	3:14	56	10:01	20.50	46:18	2:15	40	4:19	241	4:50
Wechsel R -> L	-	1:07	-	22	0:40	133	0:40	20.50	47:25	2:18	40	4:40	241	6:14
Rad Total	20.00	35:37	1:46	11	3:29	57	7:38	20.50	47:25	2:18	40	4:40	241	6:14
Lauf	5.00	22:04	4:24	15	3:12	66	4:26	25.50	1:09:29	2:43	8	6:03	50	8:09