



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Ochsenreiter, Miriam

Total time: 1:30:07

Number: 53

Course: 25.50 km

Rank in course/Total: 284 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 71 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 9(of 10)

weibliche AK 4 (TW 35)

Best time in the category: 1:10:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:06	22:11	5	0:47	33	2:47	0.50	11:06	22:11	5	0:47	33	2:47
Wechsel S -> R	-	3:47	-	10	2:15	84	3:07	0.50	14:53	29:45	11	2:52	54	4:47
Schwimmen Total	0.50	14:53	29:45	11	2:52	54	4:47	0.50	14:53	29:45	11	2:52	54	4:47
Rad netto	20.00	45:53	2:17	10	9:31	81	13:00	20.50	1:00:46	2:57	11	12:23	76	17:28
Wechsel R -> L	-	0:38	-	1	-	6	0:09	20.50	1:01:24	2:59	11	12:14	76	17:31
Rad Total	20.00	46:31	2:19	10	9:22	79	13:03	20.50	1:01:24	2:59	11	12:14	76	17:31
Lauf	5.00	28:43	5:44	7	7:52	66	14:20	25.50	1:30:07	3:32	9	20:06	71	25:42