



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Blesing, Michael

Total time: 1:11:38

Club: Heppenheimer Skiclub

Number: 119

Course: 25.50 km

Rank in course/Total: 78 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 71 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 12(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:25	24:49	23	4:28	168	5:07	0.50	12:25	24:49	32	4:28	241	5:07
Wechsel S -> R	-	1:53	-	7	0:31	45	0:37	0.50	14:18	28:36	32	4:41	241	5:14
Schwimmen Total	0.50	14:18	28:36	32	4:41	241	5:14	0.50	14:18	28:36	32	4:41	241	5:14
Rad netto	20.00	34:36	1:43	9	2:31	58	10:07	20.50	48:54	2:23	32	4:53	241	7:26
Wechsel R -> L	-	0:54	-	13	0:24	84	0:27	20.50	49:48	2:25	32	8:37	241	8:37
Rad Total	20.00	35:30	1:46	7	2:54	54	7:31	20.50	49:48	2:25	32	8:37	241	8:37
Lauf	5.00	21:50	4:21	8	3:59	60	4:12	25.50	1:11:38	2:48	12	8:53	71	10:18