



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Riffel, Marc

Total time: 1:10:45

Number: 31

Course: 25.50 km

Rank in course/Total: 68 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 62 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 8(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:57	17:53	4	1:00	21	1:39	0.50	8:57	17:53	32	1:00	241	1:39
Wechsel S -> R	-	1:58	-	10	0:36	55	0:42	0.50	10:55	21:49	3	1:18	241	1:51
Schwimmen Total	0.50	10:55	21:49	3	1:18	241	1:51	0.50	10:55	21:49	3	1:18	241	1:51
Rad netto	20.00	35:24	1:46	14	3:19	79	10:55	20.50	46:19	2:15	8	2:18	241	4:51
Wechsel R -> L	-	0:51	-	10	0:21	71	0:24	20.50	47:10	2:18	32	5:59	241	5:59
Rad Total	20.00	36:15	1:48	12	3:39	75	8:16	20.50	47:10	2:18	32	5:59	241	5:59
Lauf	5.00	23:35	4:43	16	5:44	108	5:57	25.50	1:10:45	2:46	8	8:00	62	9:25