



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

**Ewig, Michael**

**Total time: 1:12:27**

Club: RV 03 Bürstadt Triathlon

Number: 98

Course: 25.50 km

Rank in course/Total: 88 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 79 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 1(of 5)

männliche Jugend A (TM 16/17)

Best time in the category: 1:12:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:21	18:41	1	-	38	2:03	0.50	9:21	18:41	1	-	241	2:03
Wechsel S -> R	-	2:10	-	1	-	75	0:54	0.50	11:31	23:02	1	-	241	2:27
Schwimmen Total	0.50	11:31	23:02	1	-	241	2:27	0.50	11:31	23:02	1	-	241	2:27
Rad netto	20.00	35:05	1:45	1	-	70	10:36	20.50	46:36	2:16	1	-	241	5:08
Wechsel R -> L	-	0:56	-	3	0:22	91	0:29	20.50	47:32	2:19	1	-	241	6:21
Rad Total	20.00	36:01	1:48	1	-	70	8:02	20.50	47:32	2:19	1	-	241	6:21
Lauf	5.00	24:55	4:59	3	2:47	142	7:17	25.50	1:12:27	2:50	1	-	79	11:07