



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Bohn, Christian

Total time: 1:12:36

Number: 103

Course: 25.50 km

Rank in course/Total: 91 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 82 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 15(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:11	22:22	17	3:14	128	3:53	0.50	11:11	22:22	32	3:14	241	3:53
Wechsel S -> R	-	2:04	-	13	0:42	69	0:48	0.50	13:15	26:30	32	3:38	241	4:11
Schwimmen Total	0.50	13:15	26:30	32	3:38	241	4:11	0.50	13:15	26:30	32	3:38	241	4:11
Rad netto	20.00	34:18	1:42	4	2:13	47	9:49	20.50	47:33	2:19	32	3:32	241	6:05
Wechsel R -> L	-	1:45	-	30	1:15	220	1:18	20.50	49:18	2:24	32	8:07	241	8:07
Rad Total	20.00	36:03	1:48	11	3:27	71	8:04	20.50	49:18	2:24	32	8:07	241	8:07
Lauf	5.00	23:18	4:39	13	5:27	101	5:40	25.50	1:12:36	2:50	15	9:51	82	11:16