



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Gollwitzer, Matthias

Total time: 1:12:51

Club: SV Tri City Darmstadt

Number: 106

Course: 25.50 km

Rank in course/Total: 95 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 86 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 16(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:07	20:14	10	1:58	73	2:49	0.50	10:07	20:14	43	1:58	241	2:49
Wechsel S -> R	-	1:55	-	9	0:22	49	0:39	0.50	12:02	24:03	43	2:20	241	2:58
Schwimmen Total	0.50	12:02	24:03	43	2:20	241	2:58	0.50	12:02	24:03	43	2:20	241	2:58
Rad netto	20.00	35:35	1:46	16	2:35	83	11:06	20.50	47:37	2:19	43	4:55	241	6:09
Wechsel R -> L	-	0:49	-	9	0:14	64	0:22	20.50	48:26	2:21	43	4:53	241	7:15
Rad Total	20.00	36:24	1:49	15	2:33	80	8:25	20.50	48:26	2:21	43	4:53	241	7:15
Lauf	5.00	24:25	4:53	25	5:01	133	6:47	25.50	1:12:51	2:51	16	9:08	86	11:31