



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Lehmer, Hildegard

Total time: 1:34:26

Number: 95

Course: 25.50 km

Rank in course/Total: 309 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 80 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 4(of 5)

Seniorinnen 4 (TW 55)

Best time in the category: 1:23:37

Intermediate times

Stage score

Total ranking

Control	Split				Pos				Total						
	km	Time	min/km	Cat.	Behind	Cat.	Women	Behind	km	Time	min/km	Pos	Behind	Pos	Behind
Schwimmen nett	0.50	10:16	20:32	1	-	17	1:57	0.50	10:16	20:32	1	-	17	1:57	
Wechsel S -> R	-	4:25	-	4	3:45	93	3:45	0.50	14:41	29:22	6	2:35	49	4:35	
Schwimmen Total	0.50	14:41	29:22	6	2:35	49	4:35	0.50	14:41	29:22	6	2:35	49	4:35	
Rad netto	20.00	46:22	2:19	4	6:56	82	13:29	20.50	1:01:03	2:58	6	6:20	78	17:45	
Wechsel R -> L	-	0:45	-	1	-	11	0:16	20.50	1:01:48	3:00	6	5:51	78	17:55	
Rad Total	20.00	47:07	2:21	4	5:51	80	13:39	20.50	1:01:48	3:00	6	5:51	78	17:55	
Lauf	5.00	32:38	6:31	3	6:24	82	18:15	25.50	1:34:26	3:42	4	10:49	80	30:01	