



MTBO Deutschland Cup

Freiberg / 18.09.2016

Detailed evaluation

Heidner, Raphael

Club: ESV Dresden

Total time: 34:55

Running performance: 9:41 min/km

Course: 3.60 km / 7 Controls

Category:

D/H-11 (D/H -10)

Rank in category: 5(of 5)

Best time in the category: 25:29

Behind: 9:26

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	0:20	2	0:01	5.3	0:20	2	0:01	5.3
2 (40)	8:55	5	2:42	43.4	9:15	5	2:43	41.6
3 (41)	5:00	2	0:01	0.3	14:15	4	2:04	17.0
4 (42)	4:19	4	0:24	10.2	18:34	4	2:26	15.1
5 (43)	2:28	1	-	-	21:02	4	2:07	11.2
6 (44)	2:12	5	1:30	214.3	23:14	4	3:30	17.7
7 (45)	11:18	5	6:31	136.2	34:32	5	9:25	37.5
Finish	0:23	4	0:02	9.5	34:55	5	9:26	37.0