



20. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2016

Detailed evaluation

**Spangenberg, Andreas**

Club: LV Gera  
Number: 193

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 20:03

Speed: 14.96 km/h

Rank in course/Total: 14 (of 223)

Rank in course/Men: 14 (of 142)

Best time in course: 16:50

Rank in category: 3(of 14)

Best time in the category: 17:48