



20. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2016

Detailed evaluation

**Pallas, Silvia**

Club: BSG Sparkasse-Unstrut-Hainich  
Number: 108

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 29:58

Speed: 10.01 km/h

Rank in course/Total: 168 (of 223)

Rank in course/Women: 43 (of 81)

Best time in course: 20:49

Rank in category: 3(of 5)

Best time in the category: 26:22