



20. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2016

Detailed evaluation

Meyer, Silja

Club: Mühlhausen
Number: 95

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 30:40

Speed: 9.78 km/h

Rank in course/Total: 176 (of 223)

Rank in course/Women: 50 (of 81)

Best time in course: 20:49

Rank in category: 6(of 11)

Best time in the category: 26:15