



12. NORDHÄUSER CITYLAUF
Nordhausen / 18.09.2016

Detailed evaluation

Duchrow, Paula

Club: HSG Nordhausen e.V.
Number: 279

Course: 3.30 km
1 Runde 3,3 km

Category:
weibliche Jugend U14 (12 und 13 Jahre)

Total time: 15:25

Speed: 11.68 km/h
Running performance: 4:40 min/km

Rank in course/Total: 12 (of 113)

Rank in course/Women: 2 (of 52)

Best time in course: 15:18

Rank in category: 1(of 10)

Best time in the category: 15:25