



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Fierenz, Gerald

Club: SV Glückauf Sondershausen

Number: 276

Course: 3.30 km

1 Runde 3,3 km

Category:

Senioren M50

Total time: 15:38

Speed: 11.51 km/h

Running performance: 4:44 min/km

Rank in course/Total: 15 (of 113)

Rank in course/Men: 13 (of 61)

Best time in course: 12:02

Rank in category: 1(of 3)

Best time in the category: 15:38