



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Müller, Rudi

Club: Nordhausen

Number: 182

Course: 3.30 km

1 Runde 3,3 km

Category:

Männer

Total time: 16:04

Speed: 11.20 km/h

Running performance: 4:52 min/km

Rank in course/Total: 24 (of 113)

Rank in course/Men: 16 (of 61)

Best time in course: 12:02

Rank in category: 3(of 6)

Best time in the category: 15:34