



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Zimmermann, Ines

Club: Nordhausen

Number: 201

Course: 3.30 km

1 Runde 3,3 km

Category:

Seniorinnen W45

Total time: 17:15

Speed: 10.43 km/h

Running performance: 5:14 min/km

Rank in course/Total: 40 (of 113)

Rank in course/Women: 16 (of 52)

Best time in course: 15:18

Rank in category: 1(of 4)

Best time in the category: 17:15