



# 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

## Detailed evaluation

Zimmermann, Ines

Club: Nordhausen  
Number: 201

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Seniorinnen W45

Total time: 17:15

Speed: 10.43 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 40 (of 113)  
Rank in course/Women: 16 (of 52)  
Best time in course: 15:18

Rank in category: 1(of 4)  
Best time in the category: 17:15