



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Maruwsh, Saeed

Club: SV Nordhausen 90, Abt. Triathlon
Number: 264

Course: 3.30 km
1 Runde 3,3 km

Category:
männliche Jugend U20 (18 und 19 Jahre)

Total time: 17:27

Speed: 10.32 km/h
Running performance: 5:17 min/km

Rank in course/Total: 42 (of 113)

Rank in course/Men: 25 (of 61)

Best time in course: 12:02

Rank in category: 3(of 3)

Best time in the category: 13:29