



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Prenzel, Nathalie

Club: VFL 28 Ellrich
Number: 262

Course: 3.30 km
1 Runde 3,3 km

Category:
weibliche Jugend U14 (12 und 13 Jahre)

Total time: 17:41

Speed: 10.18 km/h
Running performance: 5:22 min/km

Rank in course/Total: 47 (of 113)

Rank in course/Women: 20 (of 52)

Best time in course: 15:18

Rank in category: 5(of 10)

Best time in the category: 15:25