



12. NORDHÄUSER CITYLAUF
Nordhausen / 18.09.2016

Detailed evaluation

Spangenberg, Tami

Club: LV Altstadt 98 Nordhausen e.V.
Number: 7

Course: 1.10 km
Schnupperlauf

Category:
weibliche Kinder U12 (10 und 11 Jahre)

Total time: 4:54

Speed: 12.24 km/h
Running performance: 4:27 min/km

Rank in course/Total: 11 (of 132)

Rank in course/Women: 5 (of 61)

Best time in course: 4:36

Rank in category: 5(of 15)

Best time in the category: 4:36