



12. NORDHÄUSER CITYLAUF  
Nordhausen / 18.09.2016

Detailed evaluation

Jendricke, Matthias

Club: Landkreis Nordhausen  
Number: 165

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Senioren M40

Total time: 19:34

Speed: 9.20 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 70 (of 113)

Rank in course/Men: 40 (of 61)

Best time in course: 12:02

Rank in category: 2(of 4)

Best time in the category: 12:33