



# 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

## Detailed evaluation

**Gropp, Ramona**

Club: Vermessungsbüro Gropp  
Number: 217

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Seniorinnen W55

Total time: 20:06

Speed: 8.96 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 74 (of 113)

Rank in course/Women: 33 (of 52)

Best time in course: 15:18

Rank in category: 2(of 2)

Best time in the category: 18:27