



12. NORDHÄUSER CITYLAUF  
Nordhausen / 18.09.2016

Detailed evaluation

Junghanns, Thomas

Club: Auleben  
Number: 184

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Männer

Total time: 20:41

Speed: 8.70 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 77 (of 113)

Rank in course/Men: 43 (of 61)

Best time in course: 12:02

Rank in category: 5(of 6)

Best time in the category: 15:34