



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Gropp, Manfred

Club: Vermessungsbüro Gropp

Number: 215

Course: 3.30 km

1 Runde 3,3 km

Category:

Senioren M70

Total time: 21:42

Speed: 8.29 km/h

Running performance: 6:35 min/km

Rank in course/Total: 86 (of 113)

Rank in course/Men: 48 (of 61)

Best time in course: 12:02

Rank in category: 1(of 1)

Best time in the category: 21:42