



12. NORDHÄUSER CITYLAUF
Nordhausen / 18.09.2016

Detailed evaluation

Florek, Michel

Club: Settdorf

Number: 278

Course: 3.30 km

1 Runde 3,3 km

Category:

männliche Jugend U14 (12 und 13 Jahre)

Total time: 21:15

Speed: 8.47 km/h

Running performance: 6:26 min/km

Rank in course/Total: 84 (of 113)

Rank in course/Men: 46 (of 61)

Best time in course: 12:02

Rank in category: 14(of 18)

Best time in the category: 12:50