



12. NORDHÄUSER CITYLAUF  
Nordhausen / 18.09.2016

Detailed evaluation

Hesse, Hannes

Club: academy of life e. V.  
Number: 164

Course: 3.30 km  
1 Runde 3,3 km

Category:  
männliche Kinder U12 (10 und 11 Jahre)

Total time: 22:41

Speed: 7.94 km/h  
Running performance: 6:52 min/km

Rank in course/Total: 94 (of 113)

Rank in course/Men: 50 (of 61)

Best time in course: 12:02

Rank in category: 5(of 8)

Best time in the category: 15:16