



12. NORDHÄUSER CITYLAUF
Nordhausen / 18.09.2016

Detailed evaluation

Hahn, Friedrich

Club: Nordthüringer Volksbank eG
Number: 249

Course: 3.30 km
1 Runde 3,3 km

Category:
Männer

Total time: 23:38

Speed: 7.62 km/h
Running performance: 7:10 min/km

Rank in course/Total: 100 (of 113)

Rank in course/Men: 55 (of 61)

Best time in course: 12:02

Rank in category: 6(of 6)

Best time in the category: 15:34