



## 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

### Detailed evaluation

**Mai, Diana**

Club: Sangerhäuser Schnecken

Number: 198

Course: 3.30 km

1 Runde 3,3 km

Category:

Seniorinnen W40

Total time: 25:52

Speed: 6.96 km/h

Running performance: 7:50 min/km

Rank in course/Total: 109 (of 113)

Rank in course/Women: 50 (of 52)

Best time in course: 15:18

Rank in category: 4(of 4)

Best time in the category: 15:49