



## 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

### Detailed evaluation

**Milde, Axel**

Club: Sangerhäuser Schnecken

Number: 174

Course: 3.30 km

1 Runde 3,3 km

Category:

Senioren M50

Total time: 25:56

Speed: 6.94 km/h

Running performance: 7:52 min/km

Rank in course/Total: 110 (of 113)

Rank in course/Men: 59 (of 61)

Best time in course: 12:02

Rank in category: 3(of 3)

Best time in the category: 15:38