



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Wieg, Mathias

Club: LTV Obereichsfeld

Number: 354

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M30

Total time: 27:19

Speed: 13.18 km/h

Running performance: 4:08 min/km

Rank in course/Total: 4 (of 65)

Rank in course/Men: 4 (of 42)

Best time in course: 24:07

Rank in category: 3(of 6)

Best time in the category: 24:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	13:31	4:05	3	1:43	6	1:43	3.30	13:31	4:05	3	1:43	6	1:43
Finish	3.30	13:48	4:10	3	1:29	4	1:29	6.60	27:19	4:08	3	3:12	4	3:12