



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

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Club: Frohe Zukunft Nordhausen e.V.

Number: 340

Course: 6.60 km

2 Runden 6,6 km

Category:

männliche Jugend U18 (16 und 17 Jahre)

Total time: 29:45

Speed: 12.10 km/h

Running performance: 4:31 min/km

Rank in course/Total: 9 (of 65)

Rank in course/Men: 9 (of 42)

Best time in course: 24:07

Rank in category: 3(of 9)

Best time in the category: 28:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	13:42	4:09	2	0:33	7	1:54	3.30	13:42	4:09	2	0:33	7	1:54
Finish	3.30	16:03	4:51	4	0:45	12	3:44	6.60	29:45	4:30	3	1:18	9	5:38