



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Kühne, Tilman

Club: SV Nordhausen 90, Abt. Triathlon

Number: 350

Course: 6.60 km

2 Runden 6,6 km

Category:

männliche Jugend U18 (16 und 17 Jahre)

Total time: 29:45

Speed: 12.10 km/h

Running performance: 4:31 min/km

Rank in course/Total: 10 (of 65)

Rank in course/Men: 9 (of 42)

Best time in course: 24:07

Rank in category: 3(of 9)

Best time in the category: 28:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	14:05	4:16	3	0:56	8	2:17	3.30	14:05	4:16	3	0:56	8	2:17
Finish	3.30	15:40	4:44	3	0:22	9	3:21	6.60	29:45	4:30	3	1:18	9	5:38