12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Mombers, Robin

Club: Einzingen
Number: 541

Course: 6.60 km
2 Runden 6,6 km

Category:
männliche Jugend U18 (16 und 17 Jahre)

Total time: 32:15

Speed: 12.28 km/h
Running performance: 4:53 min/km

Rank in course/Total: 16 (of 65)

Rank in course/Men: 16 (of 42)

Best time in course: 24:07

Rank in category: 5(of 9)

Best time in the category: 28:27

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	15:39	4:44	5	2:30	16	3:51	3.30	15:39	4:44	5	2:30	16	3:51
Finish	3.30	16:36	5:01	5	1:18	16	4:17	6.60	32:15	4:53	5	3:48	16	8:08