



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Chour, Stefan

Club: Nordhausen

Number: 356

Course: 6.60 km

2 Runden 6,6 km

Category:

Männer

Total time: 39:37

Speed: 9.09 km/h

Running performance: 6:00 min/km

Rank in course/Total: 44 (of 65)

Rank in course/Men: 36 (of 42)

Best time in course: 24:07

Rank in category: 3(of 3)

Best time in the category: 28:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	18:56	5:44	3	5:37	36	7:08	3.30	18:56	5:44	3	5:37	36	7:08
Finish	3.30	20:41	6:16	3	5:32	36	8:22	6.60	39:37	6:00	3	11:09	36	15:30