



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Kellner, Katja

Club: Nordhausen

Number: 394

Course: 6.60 km

2 Runden 6,6 km

Category:

Seniorinnen W45

Total time: 40:13

Speed: 8.95 km/h

Running performance: 6:05 min/km

Rank in course/Total: 46 (of 65)

Rank in course/Women: 10 (of 23)

Best time in course: 34:26

Rank in category: 2(of 4)

Best time in the category: 39:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	20:05	6:05	2	0:33	13	2:56	3.30	20:05	6:05	2	0:33	13	2:56
Finish	3.30	20:08	6:06	1	-	9	2:51	6.60	40:13	6:05	2	0:24	10	5:47